

# EVERY EVENT IS UNIQUE & THAT IS WHY WE CREATE DELICOUS BESPOKE MENUS DESIGNED FOR YOU

Simply choose from one of our seasonal set menus or pick & mix your own from the wide selection available

If you have something specific in mind, ask and we can create it for you

We cater easily for all dietary requirements and alter menus accordingly

All of our menus come with eco friendly biodegradable crockery & cutlery included

We can provide staff, crockery, cutlery, linen & glassware hire if you require

There is a minimum of £250 + VAT per order





#### Our menus are colourful, healthy, seasonal and change daily

All prices are per head unless otherwise stated. Minimum orders apply. Prices exclude 20% VAT

#### Everyday Delicious Sandwich Platter £10.50

Freshly prepared meat, vegetarian & vegan sandwich selection. A choice of four flavours

Our choice of <u>two</u> Small Bites

Fruit Platter

#### Everyday Delicious Mezze £12.50

Our choice of <u>three</u> Small Bites
Our choice of <u>one</u> Salad
Houmous & Crudités
Bread Platter
Fruit Platter

#### Everyday Delicious Sandwich & Salad Platter £10.50

Freshly prepared meat, vegetarian & vegan sandwich selection. A choice of four flavours
Our choice of <u>two</u> Salads
Fruit Platter

#### Everyday Delicious Salad Bowl £8.50

Our choice of a seasonal Salad Bowl that includes a protein, carb, vegetable and salad leaf served in individual eco friendly bowl & recyclable lid

#### Everyday Delicious Hot Lunch £13

Our Hot Lunches are in the format of a hot meat or hot vegan dish served with a side, a salad, a carb and bread

#### Add-ons

Add Sandwich Platter for £4.75 pp Add a Small Bite from £2.60 pp Add a Salad from £2.60 pp Add Dip & Crudités for £3.20 pp Add a Soup for £3.20 pp Add a Hot Main for £8.50 pp

See our Pick and Mix Menu below for options

#### Dessert Platter £3.75

A selection of three Desserts including gluten free and vegan options



#### Hot Sandwich Combo £10.50

Freshly prepared hot breakfast sandwiches
Smoked Bacon / Frost Butchers Signature Sausage & Caramelised Onion /
Vegan Sausage & Caramelised Onion / Egg & Caramelised Onion
Pastry Platter & Nutty Granola Bars
Yoghurt & Fruit Pots
Fruit Platter

#### Continental Platter Combo £10.50

Smoked Salmon, Charcuterie, Boiled Eggs, Smashed Avocado, Cheese Board,
Cream Cheese, Seasonal Salad
Bagels & Sourdough
Yoghurt & Fruit Pots
Pastry Platter & Nutty Granola Bars
Fruit Platter

#### Egg Combo £10.50

Choose from either Omelette or Shakshuka with a Seasonal Twist
Served with Sourdough
Yoghurt & Fruit Pots
Pastry Platter & Nutty Granola Bars
Fruit Platter

#### Breakfast Pots £3.20 Yoghurt & Fruit

Greek Yoghurt, Seasonal Fruit and Toasted Seeds served with Honey

#### Overnight Oats

Jumbo Oats, Grated Apple, Dates, Toasted Seeds and Soya Yoghurt

Porridge

Jumbo Oats, Gluten free Oat Milk, Date & Vanilla topped with Toasted Seeds, Maple Syrup & Seasonal Fruit

#### Hot Breakfast Buffet £8

Bacon, Frost Butchers Signature Sausage, Vegan Sausage, Chestnut Mushroom & Kale, Sticky Vine Tomatoes, Hash Browns all served under hot lights and served with a selection of bread.

#### Add-ons £2 per item

Smashed Avocado / Smoked Bacon / Frost Butchers Signature Sausage / Vegan Sausage Boiled Egg / Hash Brown / Seasonal Salad / Smoked Salmon / Charcuterie Platter Cheese Platter / Mushroom & Kale / Sticky Tomato



#### Sandwiches £4.75

Selection served in a mix of granary / white / wholemeal / wraps
Maximum of five sandwich types per order

#### Meat

Ham & Mustard Mayonnaise
Roast Chicken & Basil Salad
Pastrami, Gherkin, Cheese, Mustard
Bacon, Cranberry & Brie
Salami & Cream Cheese
Roast Beef with Caramelised Onion
Tuna Mayo & Cucumber
Smoked Mackerel, Horseradish & Caper Mayonnaise
Smoked Salmon, Cream Cheese, Lemon & Rocket
BAHLT–Bacon, Avocado, Harissa, Lettuce
& Tomato

#### Vegetarian

Cheddar, Caramelised Onion Chutney Salad Egg Mayonnaise, & Spring Onion Brie, Cranberry & Red Onion Mozzarella, Pepper & Basil Salad Cucumber, Cream Cheese and Dill

#### Vegan

Houmous, Carrot, Herb Sauce Sweet Potato, Gherkin White Bean, Beetroot, Rocket Avocado, Pepper & Coriander Salad Roasted Vegetables, Harissa & Spinach

We can create any special flavour requests and cater to dietary requirements too



#### Salad £2.60

Zesty Slaw
Sweetcorn & Bean
Green Lentil, Leek & Mint
Cucumber & Pickled Ginger & Poppy Seed
Courgette, Parmesan, Basil & Pasta
New Potato, Chive, Parsley & Lemon
Kachumba Salad - Tomato, Cucumber & Red Onion
Pea, Broccoli & Toasted Seeds
New Potato & Wholegrain Mustard Mayonnaise
Greek Salad - Feta, Tomato, Cucumber & Red Onion
Roasted Sweet Potato, Pomegranate Molasses & Pumpkin Seed
Roasted Carrot, Feta & Lemon, Caper Dressing
Rice Salad with shredded Carrot, Red Onion, Parsley & Lemon

# Luxury Salad £3.75

White Bean & Roasted Tomato with Greek Yoghurt
Pumpkin, Caramelised Onion & Rocket Salad
Giant Couscous, Pistachio & Rocket
Roasted Cauliflower, Chickpea & Lime
Caprese Salad - Tomato, Mozzarella & Basil
New Potato Salad with Chipotle, Tahini & Yoghurt
White Bean, Baby Gem, Cucumber & Tahini Dressing
Green Bean, Mangetout Orange & Toasted Hazelnut
Roasted Beetroot, Orange & Tahini Quinoa Salad

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#### **Small Bites**

#### Meat £2.85

Orange, Lemon & Thyme Chicken Skewers
Piri Piri Chicken Skewers
Chicken Tika Skewers & Cucumber Yoghurt Dip
Smoked Bacon & Apple Sausage Rolls
Thai Spiced Salmon Skewer
Flat Iron Beef with Herb Sauce
Harissa Spiced Flat Iron Beef Skewers
Lamb Kofta Pops with Mint Yoghurt
Chicken & Chorizo Roll with Red Pepper Dip
Smoked Salmon, Cream Cheese & Dill Tart
Butternut Squash & Chorizo Skewers
Ham, Cheese & Onion Mini Quiche

#### Vegetarian £2.75

Seasonal Frittata Herb Marinated Halloumi Skewers Courgette & Cheddar Mini Quiche Homity Pie - Potato, Cheese & Onion Pie Sweet Potato & Caramelised Onion Roll

#### Vegan £2.75

Mushroom Sausage Roll
Chickpea Falafel with Herb Dip
Spring Rolls with Soy Ginger Dip
Onion Bhaji & Mango Chutney
Roast Vegetable Lettuce Cups with Pomegranate & Tahini Dressing
Roast Spiced Cauliflower & Broccoli Skewers with Herb Dip
Pea and Lemon Bites

We can create any special flavour requests and cater to dietary requirements too





#### Hot Dishes £8.50

#### Meat

Beef Brisket Chilli
Miso Coconut Chicken Curry
Beef Massaman Curry
Osso Buco with Gremolata
Chicken & Ricotta Meatballs
Sesame & Nigella Crusted Chicken Schnitzel
Beef & Roasted Vegetable Lasagne
Chicken, Chorizo & White Bean
Braised Chipotle Beef
Chicken & Apricot Tagine
Thai Style Chicken Coconut Curry
Lemon Chicken & Oregano Stew
Chicken & Mushroom Pie

### Vegetarian & Vegan

Mac & Cheese with Confit Tomatoes & Crispy Onion
Miso Coconut Vegetable Curry
Aubergine Schnitzel

Sweet Potato, Chickpea & Coconut Curry
Butterbean, Fennel & Lemon Stew
Persian Vegetable & Apricot Tagine
Thai Style Green Coconut Curry
Chickpea, Kale & Harissa Stew
Miso & Coconut Curry
Potato & Spinach Curry
Sweet Potato & Black bean Stew
Squash Lasagne

# Dips and Crudités £3.50

Houmous / Beetroot Houmous / Butterbean & Rosemary Dip Smoked Red Pepper Dip / Roasted Sweet Potato Dip / Carrot Tahini Dip / Pea & Dill Dip





#### Sliced Charcuterie Board £3.25

# Cheese Board £3.75 pp

Served with Chutney, Fruit & Crackers

## Antipasto Selection £3.75 pp

Marinated Mixed Olives, Artichoke Hearts, Semi Dried Tomatoes

# Guacamole & Nachos £3.50 pp

Avocado, charred corn and cherry tomatoes with lime, orange & garlic

# Something Sweet £3.75 pp - minimum orders apply

Lemon Drizzle Cake
Triple Chocolate Brownie
Carrot & Coconut Cake with Rose Water Cream
Chocolate Orange & Almond Cake
Courgette & Coconut Cake
Cookie Selection
Raw Chocolate Brownie
Apple Crumble Slice
Carrot & Walnut
Victoria Sponge

#### **Drinks**

Tea and Coffee Station from £5 Cans of Water £1.75 Fizzy Drink Selection £2.25 Fresh Fruit Juice Cartons £2 Fresh Ginger Shots £2 Fresh Beetroot Shots £2

#### Snacks

Crisp Bowls £1.25 Individual Crisp Packet £1.75 Whole Fruit Selection £1.50 Fruit Platter £2.75 Fruit Skewers £3



# Service Style

All of our menus can be served hot box style, where the hot food comes individually portioned in hot boxes and the sides come in either individual bags or buffet style on either eco friendly disposable platters or crockery

Buffet style service with crockery, cutlery and hot lights are available at additional cost.

# Delivery

Standard delivery is £15 per delivery or collection.

Standard delivery times are 8am-5pm.

Pre 8am delivery is charged at £20.

Post 5pm delivery is charged at £20.

#### Tea and Coffee Station £5

Coffee pod machine, a selection of teas, instant coffee, variety of milks, sugar & honey served with eco friendly disposable cups.

# Bespoke Service

Our service is bespoke, so if you have any specific requirements, please let us know and we can create a menu designed on your food requirements and budget.

There is a minimum of £250 + VAT per order