



DAILY BOXED FOOD

INDIVIDUAL BOXED MEALS FOR
CONVENIENCE ON A BUSY SET

ALL OF OUR MEALS CAN COME IN EITHER INDIVIDUAL
PAPER BAGS, OR AS PART OF A SELF SERVE BUFFET

Our set menus change daily

All of our menus come with eco friendly biodegradable
crocery & cutlery

If you can't find what you are looking for, ask and we can
create it for you





MONDAY MENU

Monday Breakfast A

Pan Au Chocolat
Fruit Pot

Monday Breakfast B

Pan Au Chocolat
Breakfast Frittata
Fruit Pot

Monday Breakfast C

Overnight Oats / or / Yoghurt & Fruit / or / Breakfast Sandwich

Choose from Bacon / Sausage & Caramelised Onion / Egg & Caramelised Onion / Avocado, Tomato & Harissa / Smoked Salmon, Cream Cheese & Rocket on Focaccia / Cream Cheese, Tomato & Rocket on Focaccia

Served with Breakfast Pastry & Fruit Pot

Cold Lunch

Monday Cold Lunch A

Finger Sandwich Selection - Choice of Meat / Vegetarian / Vegan
Smoked Bacon & Apple Sausage Rolls / Sweet Potato & Caramelised Onion Rolls
Crisp Packet
Whole Fruit

Monday Cold Lunch B

Flat Iron Beef Skewers with Herb Pesto
Mini Quiche of the Day
New Potato, Parsley & Lemon
Smoked Red Pepper Dip & Crudités
Bread
Cake Bite

Monday Cold Lunch C

Falafel & Herb Dip
Spiced Chicken Kebabs
Smoked Bacon & Apple Sausage Rolls / Sweet Potato & Caramelised Onion Rolls
Green Leaf, Courgette & Red Pepper
Houmous & Crudités
Bread
Cake Bite

Hot Lunch

Monday Hot Lunch A

Seasonal Soup
Meat / Vegetarian / Vegan Sandwich

Monday Hot Lunch B

Seasonal Soup
Salad Box
Bread Roll
Cake Bite

Monday Hot Lunch C

Chicken Masala Curry / Potato and Spinach Curry
Onion Bhaji & Herb Dip
Tomato, Cucumber & Red Onion Salad
Rice & Bread
Cake Bite



MONDAY SET COLD DAY MENU

Monday Cold Day A

Breakfast

Pan Au Chocolat
Breakfast Frittata
Fruit Pot

Lunch

Finger Sandwich Selection - Choice of Meat / Vegetarian / Vegan
Smoked Bacon & Apple Sausage Rolls / Sweet Potato & Caramelised Onion Rolls
Crisp Packet
Whole Fruit

Monday Cold Day B

Breakfast

Overnight Oats / or / Yoghurt & Fruit / or / Breakfast Sandwich
Choose from Bacon / Sausage & Caramelised Onion / Egg & Caramelised Onion / Avocado, Tomato & Harissa / Smoked Salmon, Cream Cheese & Rocket on Focaccia / Cream Cheese, Tomato & Rocket on Focaccia
Served with Breakfast Pastry & Fruit Pot

Lunch

Flat Iron Beef Skewers with Herb Pesto
Mini Quiche of the Day
New Potato, Parsley & Lemon
Smoked Red Pepper Dip & Crudités
Bread
Cake Bite

Monday Cold Day C

Breakfast

Overnight Oats / or / Yoghurt & Fruit / or / Breakfast Sandwich
Choose from Bacon / Sausage & Caramelised Onion / Egg & Caramelised Onion / Avocado, Tomato & Harissa / Smoked Salmon, Cream Cheese & Rocket on Focaccia / Cream Cheese, Tomato & Rocket on Focaccia
Served with Breakfast Pastry & Fruit Pot

Lunch

Falafel & Herb Dip
Spiced Chicken Kebabs
Smoked Bacon & Apple Sausage Rolls / Sweet Potato & Caramelised Onion Rolls
Green Leaf, Courgette & Red Pepper
Houmous & Crudités
Bread
Cake Bite



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MONDAY SET HOT DAY MENU

Monday Hot Day A

Breakfast

Pan Au Chocolat
Breakfast Frittata
Fruit Pot

Lunch

Seasonal Soup
Meat / Vegetarian / Vegan Sandwich

Monday Hot Day B

Breakfast

Overnight Oats / or / Yoghurt & Fruit / or / Breakfast Sandwich
Choose from Bacon / Sausage & Caramelised Onion / Egg & Caramelised Onion / Avocado, Tomato & Harissa / Smoked Salmon, Cream Cheese & Rocket on Focaccia / Cream Cheese, Tomato & Rocket on Focaccia
Served with Breakfast Pastry & Fruit Pot

Lunch

Seasonal Soup
Meat / Vegetarian / Vegan Sandwich
Cake Bite

Monday Hot Day C

Breakfast

Overnight Oats / or / Yoghurt & Fruit / or / Breakfast Sandwich
Choose from Bacon / Sausage & Caramelised Onion / Egg & Caramelised Onion / Avocado, Tomato & Harissa / Smoked Salmon, Cream Cheese & Rocket on Focaccia / Cream Cheese, Tomato & Rocket on Focaccia
Served with Breakfast Pastry & Fruit Pot

Lunch

Chicken Masala Curry / Chickpea & Vegetable Curry
Onion Bhaji & Herb Dip
Tomato, Cucumber & Red Onion Salad
Rice & Bread
Cake Bite



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TUESDAY MENU

Tuesday Breakfast A

Pan Au Chocolat
Fruit Pot

Tuesday Breakfast B

Overnight Oats / or / Yoghurt & Fruit / or / Breakfast Sandwich

Choose from Bacon / Sausage & Caramelised Onion / Egg & Caramelised Onion / Avocado, Tomato & Harissa / Smoked Salmon, Cream Cheese & Rocket on Focaccia / Cream Cheese, Tomato & Rocket on Focaccia
Served with Fruit Pot

Tuesday Breakfast C

Overnight Oats / or / Yoghurt & Fruit / or / Breakfast Sandwich

Choose from Bacon / Sausage & Caramelised Onion / Egg & Caramelised Onion / Avocado, Tomato & Harissa / Smoked Salmon, Cream Cheese & Rocket on Focaccia / Cream Cheese, Tomato & Rocket on Focaccia
Served with Breakfast Pastry & Fruit Pot

Cold Lunch

Tuesday Cold Lunch A

Finger Sandwich Selection - Choice of Meat / Vegetarian / Vegan
Herb Marinated Halloumi Skewers
Crisp Packet
Whole Fruit

Tuesday Cold Lunch B

Butternut Squash & Chorizo Skewers / Butternut Squash & Roasted Tomato Skewers
Guacamole & Nachos
Potato Salad with Chipotle, Tahini & Yoghurt Dressing
Cheese Selection
Bread
Cake Bite

Tuesday Cold Lunch C

Orange, Lemon & Thyme Chicken Skewers / Roasted Spiced Cauliflower & Broccoli Skewers
Guacamole & Nachos
Smoked Bacon & Apple Sausage Rolls / Sweet Potato & Caramelised Onion Rolls
Tomato, Cucumber & Red Onion Salad
Zesty Slaw
Bread
Cake Bite

Hot Lunch

Tuesday Hot Lunch A

Seasonal Soup
Meat / Vegetarian / Vegan Sandwich

Tuesday Hot Lunch B

Seasonal Soup
Salad Box
Bread Roll
Cake Bite

Tuesday Hot Lunch C

Chicken, Apricot & Butterbean Stew / Butterbean, Fennel & Lemon Stew
Potato, Parsley & Lemon Salad
Green Leaf Salad with toasted Seeds
Rice & Bread
Cake Bite



TUESDAY SET COLD DAY MENU

Tuesday Cold Day A

Breakfast

Overnight Oats / or / Yoghurt & Fruit / or / Breakfast Sandwich

Choose from Bacon / Sausage & Caramelised Onion / Egg & Caramelised Onion / Avocado, Tomato & Harissa / Smoked Salmon, Cream Cheese & Rocket on Focaccia / Cream Cheese, Tomato & Rocket on Focaccia

Served with Breakfast Frittata & Whole Fruit

Lunch

Finger Sandwich Selection - Choice of Meat / Vegetarian / Vegan

Herb Marinated Halloumi Skewers

Crisp Packet

Whole Fruit

Tuesday Cold Day B

Breakfast

Pan Au Chocolat

Breakfast Frittata

Whole Fruit

Lunch

Butternut Squash & Chorizo Skewers / Butternut Squash & Roasted Tomato Skewers

Guacamole & Nachos

Potato Salad with Chipotle, Tahini & Yoghurt Dressing

Cheese Selection

Bread

Cake Bite

Tuesday Cold Day C

Breakfast

Overnight Oats / or / Yoghurt & Fruit / or / Breakfast Sandwich

Choose from Bacon / Sausage & Caramelised Onion / Egg & Caramelised Onion / Avocado, Tomato & Harissa / Smoked Salmon, Cream Cheese & Rocket on Focaccia / Cream Cheese, Tomato & Rocket on Focaccia

Served with Breakfast Pastry & Fruit Pot

Lunch

Orange, Lemon & Thyme Chicken Skewers / Roasted Spiced Cauliflower & Broccoli Skewers

Guacamole & Nachos

Smoked Bacon & Apple Sausage Rolls / Sweet Potato & Caramelised Onion Rolls

Tomato, Cucumber & Red Onion Salad

Zesty Slaw

Bread

Cake Bite



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TUESDAY SET HOT DAY MENU

Tuesday Hot Day A

Breakfast

Overnight Oats / or / Yoghurt & Fruit / or / Breakfast Sandwich

Choose from Bacon / Sausage & Caramelised Onion / Egg & Caramelised Onion / Avocado, Tomato & Harissa / Smoked Salmon, Cream Cheese & Rocket on Focaccia / Cream Cheese, Tomato & Rocket on Focaccia

Served with Fruit Pot

Lunch

Seasonal Soup

Meat / Vegetarian / Vegan Sandwich

Tuesday Hot Day B

Breakfast

Overnight Oats / or / Yoghurt & Fruit / or / Breakfast Sandwich

Choose from Bacon / Sausage & Caramelised Onion / Egg & Caramelised Onion / Avocado, Tomato & Harissa / Smoked Salmon, Cream Cheese & Rocket on Focaccia / Cream Cheese, Tomato & Rocket on Focaccia

Served with Breakfast Pastry & Fruit Pot

Lunch

Seasonal Soup

Salad Box

Bread Roll

Cake Bite

Tuesday Hot Day C

Breakfast

Overnight Oats / or / Yoghurt & Fruit / or / Breakfast Sandwich

Choose from Bacon / Sausage & Caramelised Onion / Egg & Caramelised Onion / Avocado, Tomato & Harissa / Smoked Salmon, Cream Cheese & Rocket on Focaccia / Cream Cheese, Tomato & Rocket on Focaccia

Served with Breakfast Pastry & Fruit Pot

Lunch

Chicken, Apricot & Butterbean Stew / Butterbean, Fennel & Lemon Stew

Potato, Parsley & Lemon Salad

Green Leaf Salad with toasted Seeds

Rice & Bread

Cake Bite



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WEDNESDAY MENU

Wednesday Breakfast A

Granola Pot with Yoghurt & Seasonal Fruit
Fruit Pot

Wednesday Breakfast B

Pan Au Chocolat
Granola Pot with Yoghurt & Seasonal Fruit
Fruit Pot

Wednesday Breakfast C

Overnight Oats / or / Yoghurt & Fruit / or / Breakfast Sandwich
Choose from Bacon / Sausage & Caramelised Onion / Egg & Caramelised Onion / Avocado, Tomato & Harissa / Smoked Salmon, Cream Cheese & Rocket on Focaccia / Cream Cheese, Tomato & Rocket on Focaccia
Served with Breakfast Pastry & Fruit Pot

Cold Lunch

Wednesday Cold Lunch A

Finger Sandwich Selection - Choice of Meat / Vegetarian / Vegan
Mini Quiche of the Day
Crisp Packet
Whole Fruit

Wednesday Cold Lunch B

Harissa Spiced Flat Iron Beef Skewers / Herb Marinated Haloumi Skewers
Mini Quiche of the Day
Roasted Sweet Potato, Pomegranate Molassas & Pumpkin Seed
Houmous & Crudités
Bread
Cake Bite

Wednesday Cold Lunch C

Harissa Spiced Flat Iron Beef Skewers / Herb Marinated Haloumi Skewers
Smoked Bacon & Apple Sausage Rolls / Sweet Potato & Caramelised Onion Rolls
Green Bean, Mangetout, Orange & Hazelnut Salad
Houmous & Crudités
Bread
Cake Bite

Hot Lunch

Wednesday Hot Lunch A

Seasonal Soup
Meat / Vegetarian / Vegan Sandwich

Wednesday Hot Lunch B

Seasonal Soup
Salad Box
Bread Roll
Cake Bite

Hot Lunch C

Beef Brisket Chilli / Charred Vegetable Chilli
Guacamole & Nachos
Rice Salad with Carrot, Cabbage, Parsley
Bread
Cake Bite



WEDNESDAY SET COLD DAY MENU

Wednesday Cold Day A

Breakfast

Pan Au Chocolat
Granola Pot with Yoghurt & Seasonal Fruit
Fruit Pot

Lunch

Finger Sandwich Selection - Choice of Meat / Vegetarian / Vegan
Mini Quiche of the Day
Crisp Packet
Whole Fruit

Wednesday Cold Day B

Breakfast

Pan Au Chocolat
Granola Pot with Yoghurt & Seasonal Fruit
Fruit Pot

Lunch

Harissa Spiced Flat Iron Beef Skewers / Herb Marinated Haloumi Skewers
Mini Quiche of the Day
Roasted Sweet Potato, Pomegranate Molassas & Pumpkin Seed
Houmous & Crudités
Bread
Cake Bite

Wednesday Cold Day C

Breakfast

Overnight Oats / or / Yoghurt & Fruit / or / Breakfast Sandwich
Choose from Bacon / Sausage & Caramelised Onion / Egg & Caramelised Onion / Avocado, Tomato & Harissa / Smoked Salmon, Cream Cheese & Rocket on Focaccia / Cream Cheese, Tomato & Rocket on Focaccia
Served with Breakfast Pastry & Fruit Pot

Lunch

Harissa Spiced Flat Iron Beef Skewers / Herb Marinated Haloumi Skewers
Smoked Bacon & Apple Sausage Rolls / Sweet Potato & Caramelised Onion Rolls
Green Bean, Mangetout, Orange & Hazelnut Salad
Houmous & Crudités
Bread
Cake Bite



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WEDNESDAY SET HOT DAY MENU

Wednesday Hot Day A

Breakfast

Pan Au Chocolat
Granola Pot with Yoghurt & Seasonal Fruit
Fruit Pot

Lunch

Seasonal Soup
Meat / Vegetarian / Vegan Sandwich

Wednesday Hot Day B

Breakfast

Overnight Oats / or / Yoghurt & Fruit / or / Breakfast Sandwich
Choose from Bacon / Sausage & Caramelised Onion / Egg & Caramelised Onion / Avocado, Tomato & Harissa / Smoked Salmon, Cream Cheese & Rocket on Focaccia / Cream Cheese, Tomato & Rocket on Focaccia
Served with Breakfast Pastry & Fruit Pot

Lunch

Seasonal Soup
Salad Box
Bread Roll
Cake Bite

Wednesday Hot Day C

Breakfast

Overnight Oats / or / Yoghurt & Fruit / or / Breakfast Sandwich
Choose from Bacon / Sausage & Caramelised Onion / Egg & Caramelised Onion / Avocado, Tomato & Harissa / Smoked Salmon, Cream Cheese & Rocket on Focaccia / Cream Cheese, Tomato & Rocket on Focaccia
Served with Breakfast Pastry & Fruit Pot

Lunch

Beef Brisket Chilli / Charred Vegetable Chilli
Guacamole & Nachos
Rice Salad with Carrot, Cabbage, Parsley
Bread
Cake Bite



THURSDAY MENU

Thursday Breakfast A

Classic Overnight Oats - Jumbo Oats, Fresh Apple, Soya Yoghurt, Cinnamon, toasted Seeds & Apple Juice
Whole Fruit

Thursday Breakfast B

Plain Croissant
Breakfast Frittata
Fruit Pot

Thursday Breakfast C

Overnight Oats / or / Yoghurt & Fruit / or / Breakfast Sandwich
Choose from Bacon / Sausage & Caramelised Onion / Egg & Caramelised Onion / Avocado, Tomato & Harissa / Smoked
Salmon, Cream Cheese & Rocket on Focaccia / Cream Cheese, Tomato & Rocket on Focaccia
Served with Breakfast Pastry & Fruit Pot

Cold Lunch

Thursday Cold Lunch A

Finger Sandwich Selection - Choice of Meat / Vegetarian / Vegan
Seasonal Frittata
Crisp Packet
Whole Fruit

Thursday Cold Lunch B

Piri Piri Chicken Skewers / Piri Piri Root Vegetable Skewers
Chicken & Chorizo Roll / Sweet Potato & Caramelised Onion Roll
Greek Salad
Smoked Red Pepper Dip & Crudités
Bread
Cake Bite

Thursday Cold Lunch Menu C

Piri Piri Chicken Skewers / Piri Piri Roasted Vegetable Skewers
Chickpea Falafel
Seasonal Frittata
Greek Salad
Smoked Red Pepper Dip & Crudités
Bread
Cake Bite

Hot Lunch

Thursday Hot Lunch A

Seasonal Soup
Meat / Vegetarian / Vegan Sandwich

Thursday Hot Lunch B

Seasonal Soup
Salad Box
Bread Roll
Cake Bite

Thursday Hot Lunch C

Beef Massaman Curry / Thai Style Green Coconut Curry
Spiced Salmon Skewer / Coriander & Ginger Marinated Vegetable Skewer
Zesty Slaw
Rice & Bread
Cake Bite



THURSDAY SET COLD DAY MENU

Thursday Cold Day A

Breakfast

Classic Overnight Oats - Jumbo Oats, Fresh Apple, Soya Yoghurt, Cinnamon, toasted Seeds & Apple Juice
Croissant
Whole Fruit

Lunch

Finger Sandwich Selection - Choice of Meat / Vegetarian / Vegan
Seasonal Frittata
Crisp Packet
Whole Fruit

Thursday Cold Day B

Breakfast

Plain Croissant
Breakfast Frittata
Fruit Pot

Lunch

Piri Piri Chicken Skewers / Piri Piri Roasted Vegetable Skewers
Chicken & Chorizo Roll / Sweet Potato & Caramelised Onion Roll
Greek Salad
Smoked Red Pepper Dip & Crudités
Bread
Cake Bite

Thursday Cold Day C

Breakfast

Classic Overnight Oats - Jumbo Oats, Fresh Apple, Soya Yoghurt, Cinnamon, toasted Seeds & Apple Juice
Whole Fruit

Lunch

Piri Piri Chicken Skewers / Piri Piri Roasted Vegetable Skewers
Chickpea Falafel
Seasonal Frittata
Greek Salad
Smoked Red Pepper Dip & Crudités
Bread
Cake Bite



THURSDAY SET HOT DAY MENU

Thursday Hot Day A

Breakfast

Pan Au Chocolat
Breakfast Frittata
Fruit Pot

Lunch

Seasonal Soup
Meat / Vegetarian / Vegan Sandwich

Thursday Hot Day B

Breakfast

Overnight Oats / or / Yoghurt & Fruit / or / Breakfast Sandwich
Choose from Bacon / Sausage & Caramelised Onion / Egg & Caramelised Onion / Avocado, Tomato & Harissa / Smoked Salmon, Cream Cheese & Rocket on Focaccia / Cream Cheese, Tomato & Rocket on Focaccia
Served with Breakfast Pastry & Fruit Pot

Lunch

Seasonal Soup
Salad Box
Bread Roll
Cake Bite

Thursday Hot Day C

Breakfast

Overnight Oats / or / Yoghurt & Fruit / or / Breakfast Sandwich
Choose from Bacon / Sausage & Caramelised Onion / Egg & Caramelised Onion / Avocado, Tomato & Harissa / Smoked Salmon, Cream Cheese & Rocket on Focaccia / Cream Cheese, Tomato & Rocket on Focaccia
Served with Breakfast Pastry & Fruit Pot

Lunch

Beef Massaman Curry / Thai Style Green Coconut Curry
Spiced Salmon Skewer / Coriander & Ginger Marinated Vegetable Skewer
Zesty Slaw
Rice & Bread
Cake Bite



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FRIDAY MENU

Friday Breakfast A

Granola Pot with Yoghurt & Seasonal Fruit
Fruit Pot

Friday Breakfast B

Plain Croissant
Breakfast Frittata
Fruit Pot

Friday Breakfast C

Overnight Oats / or / Yoghurt & Fruit / or / Breakfast Sandwich
Choose from Bacon / Sausage & Caramelised Onion / Egg & Caramelised Onion / Avocado, Tomato & Harissa / Smoked Salmon, Cream Cheese & Rocket on Focaccia / Cream Cheese, Tomato & Rocket on Focaccia
Served with Breakfast Pastry & Fruit Pot

Cold Lunch

Friday Cold Lunch A

Finger Sandwich Selection - Choice of Meat / Vegetarian / Vegan
Butternut Squash & Chorizo Skewers / Butternut Squash & Roasted Tomato Skewers
Crisp Packet
Whole Fruit

Friday Cold Lunch B

Chicken, Mushroom & Leek Filo Parcels / Mushroom & Leek Filo Parcels
Butternut Squash & Chorizo Skewers / Butternut Squash & Roasted Tomato Skewers
New Potato, Parsley & Lemon
Houmous & Crudites
Bread
Cake Bite

Friday Cold Lunch C

Chicken, Mushroom & Leek Filo Parcels / Mushroom & Leek Filo Parcels
Butternut Squash & Chorizo Skewers / Butternut Squash & Roasted Tomato Skewers
Sweetcorn & Bean Salad
Guacamole & Crudites
Bread
Cake Bite

Hot Lunch

Friday Hot Lunch A

Seasonal Soup
Meat / Vegetarian / Vegan Sandwich

Friday Hot Lunch B

Seasonal Soup
Salad Box
Bread Roll
Cake Bite

Friday Hot Lunch C

Basque Chicken with White Wine / Basque Vegetable Stew with White Wine
Butternut Squash & Chorizo Skewers / Butternut Squash & Sundried Tomato Skewers
White Bean, Baby Gem, Cucumber Salad & Tahini Dressing
Rice & Bread
Cake Bite



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FRIDAY SET COLD DAY MENU

Friday Cold Day A

Breakfast

Overnight Oats / or / Yoghurt & Fruit / or / Breakfast Sandwich

Choose from Bacon / Sausage & Caramelised Onion / Egg & Caramelised Onion / Avocado, Tomato & Harissa / Smoked Salmon, Cream Cheese & Rocket on Focaccia / Cream Cheese, Tomato & Rocket on Focaccia
Served with Breakfast Pastry & Fruit Pot

Lunch

Finger Sandwich Selection - Choice of Meat / Vegetarian / Vegan
Smoked Bacon & Apple Sausage Rolls / Sweet Potato & Caramelised Onion Rolls
Crisp Packet
Whole Fruit

Friday Cold Day B

Breakfast

Overnight Oats / or / Yoghurt & Fruit / or / Breakfast Sandwich

Choose from Bacon / Sausage & Caramelised Onion / Egg & Caramelised Onion / Avocado, Tomato & Harissa / Smoked Salmon, Cream Cheese & Rocket on Focaccia / Cream Cheese, Tomato & Rocket on Focaccia
Served with Breakfast Pastry & Fruit Pot

Lunch

Chicken, Mushroom & Leek Filo Parcels / Mushroom & Leek Filo Parcels
Butternut Squash & Chorizo Skewers / Butternut Squash & Sundried Tomato Skewers
New Potato, Parsley & Lemon
Houmous & Crudites
Bread
Cake Bite

Friday Cold Day C

Breakfast

Overnight Oats / or / Yoghurt & Fruit / or / Breakfast Sandwich

Choose from Bacon / Sausage & Caramelised Onion / Egg & Caramelised Onion / Avocado, Tomato & Harissa / Smoked Salmon, Cream Cheese & Rocket on Focaccia / Cream Cheese, Tomato & Rocket on Focaccia
Served with Breakfast Pastry & Fruit Pot

Lunch

Chicken, Mushroom & Leek Filo Parcels / Mushroom & Leek Filo Parcels
Butternut Squash & Chorizo Skewers / Butternut Squash & Sundried Tomato Skewers
Sweetcorn & Bean Salad
Guacamole & Crudites
Bread
Cake Bite



FRIDAY SET HOT DAY MENU

Friday Hot Day A

Breakfast

Granola Pot with Yoghurt & Seasonal Fruit
Pan Au Chocolat
Fruit Pot

Lunch

Seasonal Soup
Meat / Vegetarian / Vegan Sandwich

Friday Hot Day B

Breakfast

Overnight Oats / or / Yoghurt & Fruit / or / Breakfast Sandwich
Choose from Bacon / Sausage & Caramelised Onion / Egg & Caramelised Onion / Avocado, Tomato & Harissa / Smoked Salmon, Cream Cheese & Rocket on Focaccia / Cream Cheese, Tomato & Rocket on Focaccia
Served with Breakfast Pastry & Fruit Pot

Lunch

Seasonal Soup
Salad Box
Bread Roll
Cake Bite

Friday Hot Day C

Breakfast

Overnight Oats / or / Yoghurt & Fruit / or / Breakfast Sandwich
Choose from Bacon / Sausage & Caramelised Onion / Egg & Caramelised Onion / Avocado, Tomato & Harissa / Smoked Salmon, Cream Cheese & Rocket on Focaccia / Cream Cheese, Tomato & Rocket on Focaccia
Served with Breakfast Pastry & Fruit Pot

Lunch

Basque Chicken with White Wine, Roasted Pepper & Olives / Basque Vegetable Stew with White Wine Roasted Pepper & Olives
Butternut Squash & Chorizo Skewers / Butternut Squash & Sundried Tomato Skewers
White Bean, Baby Gem, Cucumber Salad & Tahini Dressing
Rice & Bread
Cake Bite



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