

# INDIVIDUAL BOXED MEALS MEANS YOU CAN FEEL CONFIDENT THAT YOUR CLIENTS AND STAFF ARE KEPT SAFE ON SET

ALL OF OUR MEALS COME IN INDIVIDUAL PAPER BAGS, ENSURING PEOPLE CAN MAINTAIN SOCIAL DISTANCING.

Our set menus change daily.

All of our menus come with eco friendly biodegradable crockery & cutlery

If you can't find what you are looking for, ask and we can create it for you.





# Monday Breakfast A - £4 per head

Pan Au Chocolat Fruit Pot

# Monday Breakfast B - £6 per head

Pan Au Chocolat Breakfast Frittata Fruit Pot

Monday Breakfast C - £9 per head
Breakfast Sandwich or Overnight Oats
Choose from bacon / sausage & caramelised onion / egg & caramelised onion / avocado, tomato & harissa
Pan Au Chocolat
Fruit Pot

# Cold Lunch

Monday Cold Lunch A - £8 per head
Finger Sandwich Selection - Choice of Meat / Vegetarian / Vegan
Smoked Bacon & Apple Sausage Rolls / Sweet Potato & Caramelised Onion Rolls
Crisp Packet Whole Fruit

# Monday Cold Lunch B - £11 per head

Flat Iron Beef Skewers with Herb Pesto Mini Quiche of the Day New Potato, Parsley & Lemon Smoked Red Pepper Dip & Crudités Bread Cake Bite

# Monday Cold Lunch C - £16 per head

Falafel & Herb Dip Spiced Chicken Kebabs Smoked Bacon & Apple Sausage Rolls / Sweet Potato & Caramelised Onion Rolls Green Leaf, Courgette & Red Pepper Houmous & Crudités Bread Cake Bite

# Hot Lunch

Monday Hot Lunch A - £7 per head Seasonal Soup Meat / Vegetarian / Vegan Sandwich

Monday Hot Lunch B - £11 per head
Seasonal Soup
Salad Box
Bread Roll
Cala Bita Cake Bite

# Monday Hot Lunch C - £14 per head

Chicken Masala Curry / Potato and Spinach Curry Onion Bhaji & Herb Dip Tomato, Cucumber & Red Onion Salad Rice & Bread Cake Bite



Monday Cold Day A - £16 per head

# **Breakfast**

Pan Au Chocolat Breakfast Frittata Fruit Pot

# Lunch

Finger Sandwich Selection - Choice of Meat / Vegetarian / Vegan Smoked Bacon & Apple Sausage Rolls / Sweet Potato & Caramelised Onion Rolls Crisp Packet Whole Fruit

# Monday Cold Day B - £18 per head

# Breakfast

Breakfast Sandwich or Overnight Oats Choose from bacon / sausage & caramelised onion / egg & caramelised onion / avocado, tomato & harissa Fruit Pot

# Lunch

Flat Iron Beef Skewers with Herb Pesto Mini Quiche of the Day New Potato, Parsley & Lemon Smoked Red Pepper Dip & Crudités Bread Cake Bite

# Monday Cold Day C - £20 per head

# **Breakfast**

Breakfast Sandwich or Overnight Oats Choose from bacon / sausage & caramelised onion / egg & caramelised onion / avocado, tomato & harissa Fruit Pot

# Lunch

Falafel & Herb Dip Spiced Chicken Kebabs Smoked Bacon & Apple Sausage Rolls / Sweet Potato & Caramelised Onion Rolls Green Leaf, Courgette & Red Pepper Houmous & Crudités Bread Cake Bite



# Monday Hot Day A - £13 per head

# Breakfast

Pan Au Chocolat Breakfast Frittata Fruit Pot

# Lunch

Seasonal Soup Meat / Vegetarian / Vegan Sandwich

# Monday Hot Day B - £18 per head

# **Breakfast**

Breakfast Sandwich or Overnight Oats
Choose from bacon / sausage & caramelised onion / egg & caramelised onion / avocado, tomato & harissa
Pan Au Chocolat Fruit Pot

# Lunch

Seasonal Soup Meat / Vegetarian / Vegan Sandwich Cake Bite

# Monday Hot Day C - £20 per head

# Breakfast

Breakfast Sandwich or Overnight Oats Choose from bacon / sausage & caramelised onion / egg & caramelised onion / avocado, tomato & harissa Fruit Pot

# Lunch

Chicken Masala Curry / Potato and Spinach Curry
Onion Bhaji & Herb Dip
Tomato, Cucumber & Red Onion Salad
Rice & Bread Cake Bite



# Tuesday Breakfast A - £4 per head

Pan Au Chocolat Fruit Pot

# Tuesday Breakfast B - £6 per head

Filled Croissant Choose from Prosciutto & Rocket / Smoked Salmon & Cream Cheese / Cheese & Rocket / Avocado, Rocket & Tomato Fruit Pot

Tuesday Breakfast C - £9 per head
Breakfast Sandwich or Overnight Oats
Choose from bacon / sausage & caramelised onion / egg & caramelised onion / avocado, tomato & harissa
Breakfast Frittata Whole Fruit

# Cold Lunch

Tuesday Cold Lunch A - £8 per head Finger Sandwich Selection - Choice of Meat / Vegetarian / Vegan Herb Marinated Halloumi Skewers Crisp Packet Whole Fruit

Tuesday Cold Lunch B - £11 per head

Butternut Squash & Chorizo Skewers / Butternut Squash & Roasted Tomato Skewers Guacamole & Nachos Potato Salad with Chipotle, Tahini & Yoghurt Dressing Cheese Selection Bread Cake Bite

Tuesday Cold Lunch C - £16 per head
Orange, Lemon & Thyme Chicken Skewers / Roasted Spiced Cauliflower & Broccoli Skewers
Guacamole & Nachos
Smoked Bacon & Apple Sausage Rolls / Sweet Potato & Caramelised Onion Rolls
Tomato, Cucumber & Red Onion Salad
Zesty Slaw
Rread Bread

# Cake Bite Hot Lunch

Tuesday Hot Lunch A - £7 per head Seasonal Soup Meat / Vegetarian / Vegan Sandwich

Tuesday Hot Lunch B - £11 per head
Seasonal Soup
Salad Box
Bread Roll Cake Bite

Tuesday Hot Lunch C - £14 per head
Chicken, Apricot & Butterbean Stew / Butterbean, Fennel & Lemon Stew
Potato, Parsley & Lemon Salad
Green Leaf Salad with toasted Seeds
Rice & Bread Cake Bite



# Tuesday Cold Day A - £16 per head

# Breakfast

Breakfast Sandwich or Overnight Oats Choose from bacon / sausage & caramelised onion / egg & caramelised onion / avocado, tomato & harissa Breakfast Frittata Whole Fruit

# Lunch

Finger Sandwich Selection - Choice of Meat / Vegetarian / Vegan Herb Marinated Halloumi Skewers Crisp Packet Whole Fruit

# Tuesday Cold Day B - £18 per head

# Breakfast

Pan Au Chocolat Breakfast Frittata Whole Fruit

# Lunch

Butternut Squash & Chorizo Skewers / Butternut Squash & Roasted Tomato Skewers
Guacamole & Nachos
Potato Salad with Chipotle, Tahini & Yoghurt Dressing
Cheese Selection
Bread
Cake Bite

# Tuesday Cold Day C - £20 per head

# Breakfast

Breakfast Sandwich or Overnight Oats Choose from bacon / sausage & caramelised onion / egg & caramelised onion / avocado, tomato & harissa Fruit Pot

# Lunch

Orange, Lemon & Thyme Chicken Skewers / Roasted Spiced Cauliflower & Broccoli Skewers
Guacamole & Nachos
Smoked Bacon & Apple Sausage Rolls / Sweet Potato & Caramelised Onion Rolls
Tomato, Cucumber & Red Onion Salad
Zesty Slaw
Bread
Cake Bite



# Tuesday Hot Day A - £13 per head

# Breakfast

Filled Croissant or Overnight Oats Choose from Prosciutto & Rocket / Smoked Salmon & Cream Cheese & Rocket / Avocado, Rocket & Tomato Fruit Pot

# Lunch

Seasonal Soup Meat / Vegetarian / Vegan Sandwich

# Tuesday Hot Day B - £18 per head

# **Breakfast**

Breakfast Sandwich or Overnight Oats Choose from bacon / sausage & caramelised onion / egg & caramelised onion / avocado, tomato & harissa Pan Au Chocolat Fruit Pot

**Lunch** Seasonal Soup Salad Box Bread Roll Cake Bite

# Tuesday Hot Day C - £20 per head

#### Breakfast

Filled Croissant or Overnight Oats Choose from Prosciutto & Rocket / Smoked Salmon & Cream Cheese / Cheese & Rocket / Avocado, Rocket & Tomato Fruit Pot

# Lunch

Chicken, Apricot & Butterbean Stew / Butterbean, Fennel & Lemon Stew Potato, Parsley & Lemon Salad Green Leaf Salad with toasted Seeds Rice & Bread Cake Bite



Wednesday Breakfast - £4 per head Granola Pot with Yoghurt & Seasonal Fruit Fruit Pot

Wednesday Breakfast - £6 per head Pan Au Chocolat Granola Pot with Yoghurt & Seasonal Fruit Fruit Pot

Wednesday Breakfast - £9 per head
Breakfast Sandwich or Overnight Oats
Choose from bacon / sausage & caramelised onion / egg & caramelised onion / avocado, tomato & harissa
Granola Pot with Yoghurt & Seasonal Fruit

# Cold Lunch

Wednesday Cold Lunch A - £8 per head
Finger Sandwich Selection - Choice of Meat / Vegetarian / Vegan
Mini Quiche of the Day
Crisp Packet
Whole Fruit

Wednesday Cold Lunch B - £11 per head
Harissa Spiced Flat Iron Beef Skewers / Herb Marinated Haloumi Skewers
Mini Quiche of the Day
Roasted Sweet Potato, Pomegranate Molassas & Pumpkin Seed
Houmous & Crudités
Bread
Cake Bite

Wednesday Cold Lunch C - £16 per head
Harissa Spiced Flat Iron Beef Skewers / Herb Marinated Haloumi Skewers
Smoked Bacon & Apple Sausage Rolls / Sweet Potato & Caramelised Onion Rolls
Green Bean, Mangetout, Orange & Hazelnut Salad
Houmous & Crudités
Bread
Cake Bite

# Hot Lunch

Wednesday Hot Lunch A - £7 per head Seasonal Soup Meat / Vegetarian / Vegan Sandwich

Wednesday Hot Lunch B - £11 per head Seasonal Soup Salad Box Bread Roll Cake Bite

Hot Lunch C - £14 per head
Beef Brisket Chilli / Charred Vegetable Chilli
Guacamole & Nachos
Rice Salad with Carrot, Cabbage, Parsley
Bread
Cake Bite



# Wednesday Cold Day A - £16 per head

# **Breakfast**

Pan Au Chocolat Granola Pot with Yoghurt & Seasonal Fruit Fruit Pot

# Lunch

Finger Sandwich Selection - Choice of Meat / Vegetarian / Vegan Mini Quiche of the Day Crisp Packet Whole Fruit

# Wednesday Cold Day B - £18 per head

# Breakfast

Pan Au Chocolat Granola Pot with Yoghurt & Seasonal Fruit Fruit Pot

# Lunch

Harissa Spiced Flat Iron Beef Skewers / Herb Marinated Haloumi Skewers
Mini Quiche of the Day
Roasted Sweet Potato, Pomegranate Molassas & Pumpkin Seed
Houmous & Crudités
Bread
Cake Bite

# Wednesday Cold Day C - £20 per head

# **Breakfast**

Breakfast Sandwich or Overnight Oats Choose from bacon / sausage & caramelised onion / egg & caramelised onion / avocado, tomato & harissa Pan Au Chocolat Whole Fruit

# Lunch

Harissa Spiced Flat Iron Beef Skewers / Herb Marinated Haloumi Skewers Smoked Bacon & Apple Sausage Rolls / Sweet Potato & Caramelised Onion Rolls Green Bean, Mangetout, Orange & Hazelnut Salad Houmous & Crudités Bread Cake Bite



# Wednesday Hot Day A - £13 per head

# Breakfast

Pan Au Chocolat Granola Pot with Yoghurt & Seasonal Fruit Fruit Pot

# Lunch

Seasonal Soup Meat / Vegetarian / Vegan Sandwich

# Wednesday Hot Day B - £18 per head

# **Breakfast**

Breakfast Sandwich or Overnight Oats
Choose from bacon / sausage & caramelised onion / egg & caramelised onion / avocado, tomato & harissa
Pan Au Chocolat Fruit Pot

Lunch Seasonal Soup Salad Box Bread Roll Cake Bite

# Wednesday Hot Day C - £20 per head

#### Breakfast

Breakfast Sandwich or Overnight Oats Choose from bacon / sausage & caramelised onion / egg & caramelised onion / avocado, tomato & harissa Fruit Pot

# Lunch

Beef Brisket Chilli / Charred Vegetable Chilli Guacamole & Nachos
Rice Salad with Carrot, Cabbage, Parsley
Bread Cake Bite



Thursday Breakfast A - £4 per head Classic Overnight Oats - Jumbo Oats, Fresh Apple, Soya Yoghurt, Cinnamon, toasted Seeds & Apple Juice Whole Fruit

# Thursday Breakfast B - £6 per head

Plain Croissant Breakfast Frittata Fruit Pot

Thursday Breakfast C - £9 per head
Breakfast Sandwich or Overnight Oats
Choose from bacon / sausage & caramelised onion / egg & caramelised onion / avocado, tomato & harissa
Pan Au Chocolat
Fruit Pot

# Cold Lunch

Thursday Cold Lunch A - £8 per head Finger Sandwich Selection - Choice of Meat / Vegetarian / Vegan Seasonal Frittata Crisp Packet Whole Fruit

Thursday Cold Lunch B - £11 per head
Piri Piri Chicken Skewers / Piri Piri Root Vegetable Skewers
Chicken & Chorizo Roll / Sweet Potato & Carameslised Onion Roll
Greek Salad Smoked Red Pepper Dip & Crudités
Bread Cake Bite

Thursday Cold Lunch Menu B - £16 per head Piri Piri Chicken Skewers / Piri Piri Roasted Vegetable Skewers Chickpea Falafel Seasonal Frittata Greek Salad Smoked Red Pepper Dip & Crudités Bread Cake Bite

# Hot Lunch

Thursday Hot Lunch A - £7 per head Seasonal Soup Meat / Vegetarian / Vegan Sandwich

# Thursday Hot Lunch B - £11 per head

Seasonal Soup Salad Box Bread Roll Cake Bite

Thursday Hot Lunch C - £14 per head

Beef Massaman Curry / Thai Style Green Coconut Curry

Spiced Salmon Skewer / Coriander & Ginger Marinated Vegetable Skewer

Zesty Slaw

Rice & Bread Cake Bite



# Thursday Cold Day A - £16 per head

# **Breakfast**

Classic Overnight Oats - Jumbo Oats, Fresh Apple, Soya Yoghurt, Cinnamon, toasted Seeds & Apple Juice
Plain Croissant
Whole Fruit

# Lunch

Finger Sandwich Selection - Choice of Meat / Vegetarian / Vegan Seasonal Frittata Crisp Packet Whole Fruit

# Thursday Cold Day B - £18 per head

# Breakfast

Plain Croissant Breakfast Frittata Fruit Pot

#### Lunch

Piri Piri Chicken Skewers / Piri Piri Roasted Vegetable Skewers Chicken & Chorizo Roll / Sweet Potato & Carameslised Onion Roll Greek Salad Smoked Red Pepper Dip & Crudités Bread Cake Bite

# Thursday Cold Day C - £20 per head

# Breakfast

Classic Overnight Oats - Jumbo Oats, Fresh Apple, Soya Yoghurt, Cinnamon, toasted Seeds & Apple Juice Whole Fruit

# Lunch

Piri Piri Chicken Skewers / Piri Piri Roasted Vegetable Skewers Chickpea Falafel Seasonal Frittata Greek Salad Smoked Red Pepper Dip & Crudités Bread Cake Bite



# Thursday Hot Day A - £13 per head

# Breakfast

Pan Au Chocolat Breakfast Frittata Fruit Pot

# Lunch

Seasonal Soup Meat / Vegetarian / Vegan Sandwich

# Thursday Hot Day B- £18 per head

# **Breakfast**

Breakfast Sandwich or Overnight Oats
Choose from bacon / sausage & caramelised onion / egg & caramelised onion / avocado, tomato & harissa
Pan Au Chocolat Fruit Pot

Lunch Seasonal Soup Salad Box Bread Roll Cake Bite

# Thursday Hot Day C - £20 per head

#### Breakfast

Breakfast Sandwich or Overnight Oats Choose from bacon / sausage & caramelised onion / egg & caramelised onion / avocado, tomato & harissa Fruit Pot

# Lunch

Beef Massaman Curry / Thai Style Green Coconut Curry
Spiced Salmon Skewer / Coriander & Ginger Marinated Vegetable Skewer
Zesty Slaw
Rice & Bread Cake Bite



Friday Breakfast A - £4 per head Granola Pot with Yoghurt & Seasonal Fruit Fruit Pot

# Friday Breakfast B - £6 per head

Plain Croissant Breakfast Frittata Fruit Pot

Friday Breakfast C - £9 per head
Filled Croissant or Overnight Oats
Choose from Prosciutto & Rocket / Smoked Salmon & Cream Cheese / Cheese & Rocket / Avocado, Rocket & Tomato
Breakfast Frittata Fruit Pot

## Cold Lunch

Friday Cold Lunch A - £8 per head
Finger Sandwich Selection - Choice of Meat / Vegetarian / Vegan
Butternut Squash & Chorizo Skewers / Butternut Squash & Roasted Tomato Skewers Crisp Packet Whole Fruit

Friday Cold Lunch B - £11 per head
Chicken, Mushroom & Leek Filo Parcels / Mushroom & Leek Filo Parcels
Butternut Squash & Chorizo Skewers / Butternut Squash & Roasted Tomato Skewers
New Potato, Parsley & Lemon
Houmous & Crudites
Bread
Cake Bite

Friday Cold Lunch C - £16 per head
Chicken, Mushroom & Leek Filo Parcels / Mushroom & Leek Filo Parcels
Butternut Squash & Chorizo Skewers / Butternut Squash & Roasted Tomato Skewers
Sweetcorn & Bean Salad
Guacamole & Crudites Bread Cake Bite

# Hot Lunch

Friday Hot Lunch A- £7 per head Seasonal Soup Meat / Vegetarian / Vegan Sandwich

Friday Hot Lunch B - £11 per head Seasonal Soup Salad Box Bread Roll Cake Bite

Friday Hot Lunch C - £14 per head
Basque Chicken with White Wine / Basque Vegetable Stew with White Wine
Butternut Squash & Chorizo Skewers / Butternut Squash & Sundried Tomato Skewers
White Bean, Baby Gem, Cucumber Salad & Tahini Dressing
Rice & Bread
Cake Bite



# Friday Cold Day A - £16 per head

# **Breakfast**

Filled Croissant or Overnight Oats Choose from Prosciutto & Rocket / Smoked Salmon & Cream Cheese / Cheese & Rocket / Avocado, Rocket & Tomato Breakfast Frittata Fruit Pot

# Lunch

Finger Sandwich Selection - Choice of Meat / Vegetarian / Vegan Smoked Bacon & Apple Sausage Rolls / Sweet Potato & Caramelised Onion Rolls Crisp Packet Whole Fruit

# Friday Cold Day B - £18 per head

# **Breakfast**

Breakfast Sandwich or Overnight Oats Choose from bacon / sausage & caramelised onion / egg & caramelised onion / avocado, tomato & harissa Fruit Pot

# Lunch

Chicken, Mushroom & Leek Filo Parcels / Mushroom & Leek Filo Parcels
Butternut Squash & Chorizo Skewers / Butternut Squash & Sundried Tomato Skewers
New Potato, Parsley & Lemon
Houmous & Crudites
Bread
Cake Bite

# Friday Cold Day C - £20 per head

# Breakfast

Breakfast Sandwich or Overnight Oats Choose from bacon / sausage & caramelised onion / egg & caramelised onion / avocado, tomato & harissa Fruit Pot

# Lunch

Chicken, Mushroom & Leek Filo Parcels / Mushroom & Leek Filo Parcels
Butternut Squash & Chorizo Skewers / Butternut Squash & Sundried Tomato Skewers
Sweetcorn & Bean Salad
Guacamole & Crudites
Bread
Cake Bite



Friday Hot Day A - £13 per head

#### Breakfast

Granola Pot with Yoghurt & Seasonal Fruit Pan Au Chocolat Fruit Pot

# Lunch

Seasonal Soup Meat / Vegetarian / Vegan Sandwich

# Friday Hot Day B- £18 per head

# **Breakfast**

Filled Croissant or Overnight Oats Choose from Prosciutto & Rocket / Smoked Salmon & Cream Cheese / Cheese & Rocket / Avocado, Rocket & Tomato Breakfast Frittata Fruit Pot

# Lunch

Seasonal Soup Salad Box Bread Roll Cake Bite

# Friday Hot Day C - £20 per head

#### Breakfast

Filled Croissant or Overnight Oats Choose from Prosciutto & Rocket / Smoked Salmon & Cream Cheese / Cheese & Rocket / Avocado, Rocket & Tomato Breakfast Frittata

# Lunch

Basque Chicken with White Wine, Roasted Pepper & Olives / Basque Vegetable Stew with White Wine Roasted Pepper & Olives
Butternut Squash & Chorizo Skewers / Butternut Squash & Sundried Tomato Skewers
White Bean, Baby Gem, Cucumber Salad & Tahini Dressing
Rice & Bread
Cake Bite